

Name of the course : Master of Physical Education (M. P. Ed.)
Semester : II-May/June-2024
Name of the Subject : Physical Education
Name of the paper : Game of Specialization-803 (ix) Hockey

Duration: 3 Hours
Marks

Maximum Marks: 50

Instruction to Candidates:

- Attempt any five questions
- All questions carry equal marks

1. Explain the coaching strategies before, during, and after matches. Provide examples of each strategy.
2. How can coaches identify talent and select the winning combination for offense and defense in hockey? Discuss the strategies and considerations involved.
3. Explain the importance of long-term and short-term preparation for decisive hockey competitions. Discuss the strategies involved in each phase.
4. Describe how team systems training in hockey play an important role. Provide examples of individual, group, and team tactics used in each system.
5. Discuss the significance of biomechanical analysis of skills in hockey coaching. How can coaches use this analysis to improve players' performance?
6. Discuss common injuries in hockey, such as ankle sprains and shoulder dislocations. Outline preventive measures and rehabilitation strategies for each injury.
7. Discuss the importance of Facility and Risk management. What strategies do you keep in mind for the successful conduct of hockey tournament?
8. Explain any two
 - a) Building players-portfolio
 - b) Writing reports of competition
 - c) Injury management
 - d) Fundraising for event

